

**Lisa Harding, MD**  
**Medical Director, Mood Institute**  
**Assistant Clinical Professor of Psychiatry, Yale School of Medicine**  
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**Postdoctoral Training:**

07/19 – 6/20	PGY4 Resident (Chief)	Psychiatry (Interventional Psychiatric Services)	Yale University, School of Medicine, New Haven, Connecticut
07/16 – 06/19	PGY3 Resident	Psychiatry	University of Kansas, School of Medicine-Wichita, Wichita Kansas

**Education:**

2010	MD	Medicine	Escuela Latinoamericana de Medicina - Havana, Cuba
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**Appointments at Hospitals/Affiliated Institutions:**

10/10 - 10/11	House Officer	Internal Medicine, Pediatrics, Obstetrics & Gynecology, Surgery	Victoria Hospital, St Lucia
11/11 - 05/12	Senior House Officer	Emergency Medicine	Victoria Hospital, St Lucia
07/20 – 07/23	Clinical Instructor	Psychiatry	Yale University, New Haven, CT
07/23-	Assistant Clinical Professor	Psychiatry	Yale University, New Haven, CT
05/24-	Assistant Clinical Professor	Clinical Preceptor/Psychiatry	Physician Assistant Program/ Yale University, New Haven, CT

**Professional Positions:**

2015 - 2016	Board of Directors: African American Outreach	NAMI – Greater Mississippi Valley
2016 - 2019	Medical Consultant	NAMI – Wichita
2020 - 2021	Board Member	American Society Ketamine Professionals
2020 - 2023	Clinical Instructor of Psychiatry	Yale School of Medicine
2020 -	Medical Director	Mood Institute
2021 - 2023	Vice President	American Society Ketamine Professionals

**Leadership Positions:**

**Local and Regional**

2016 - 2018	Resident Fellow Member Representative	Kansas Psychiatry Society
2016 - 2019	KPS Rep to Area IV Minneapolis Council Meeting	Kansas Psychiatry Society

**National**

2017 - 2019	APA Diversity Leadership Fellow	American Psychiatric Association
2018 -	APA Foundation Ambassador	American Psychiatric Association

**Committee Appointments and Elected Offices:**

**Local**

2016 -	Resident Fellow Member Chapter 2016	Kansas Psychiatry Society Co-Founder
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CME Subcommittee 2016-2018	Kansas Psychiatry Society Resident Session Organizer
Legislative Subcommittee 2016-2018	Kansas Psychiatry Society Resident Rep. Non-Voting Member
Resident Fellow Committee 2018	Kansas Psychiatry Society Resident Fellow Member Committee Lead

## National

2017 - 2018 - 2019 2020 – 2021	Council on Psychiatry and Law	American Psychiatric Association Resident Fellow Member Resident Fellow Member Voting Member Rappeport Fellow Board Member: American Society of Ketamine Physicians, Psychotherapists & Practitioners (ASKP)
2020-2023		Vice President: American Society of Ketamine Physicians, Psychotherapists & Practitioners (ASKP)

## Membership in Professional Organizations:

2010 - 2012	St Lucia Medical & Dental Association	Member
2016 -	American Medical Association	Member
2016 - 2019	Kansas Psychiatry Society	Resident Fellow Committee Lead
2016 -	American Psychiatric Association	Resident Fellow Member
2017 - 2020	American Academy of Psychiatry & Law	Resident Fellow Member
2019 -	Connecticut Psychiatric Society	Member
2020	Clinical TMS Society	Member
2020 – 2021	American of Ketamine Physicians, Psychotherapists & Practitioners	Board Member
2020 –	American Board of Psychiatry and Neurology	Board Certified Psychiatrist
2021 –2023	American of Ketamine Physicians, Psychotherapists & Practitioners	Vice President
2021 -2023	American of Ketamine Physicians, Psychotherapists & Practitioners	General member

## Honors and Awards:

2016	Going the Extra Mile	University of Kansas Medical School	Community Service
2018	Resident Teacher of the Year	University of Kansas Medical School	Teaching
2018	Certificate of Recognition	NAMI Wichita	Community Service
2019	Student Choice: Outstanding Resident in Neurotology Psychiatry Clerkship	University of Kansas Medical School	Teaching
2019	Top Resident Clerkship	University of Kansas Medical School	Teaching
2024	Irma Bland Certificate of Excellence in Teaching Reisdents	American Psychiatric Association	Teaching

## **Funded and Unfunded Projects**

- 2018      [Promoting Minority Mental Health in Wichita](#)  
University of Kansas School of Medicine: Research Department  
Co-Investigator (PI: Matthew Macaluso, DO, \$5,000 total direct costs)  
This project aims to increase awareness of mental illness and professional mental health services amongst minority populations in Wichita by educating Faith Leaders.  
<http://drlisaharding.com/promoting-minority-mental-health/>
- 2024      Site Principal Investigator: Patient-Centered Outcomes Research Institute (PCORI) for the study  
“Comparative Effectiveness of Racemic Ketamine versus S-Ketamine (Spravato) for Depression.”

## **Teaching Experience**

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|-------------|--|---|
| 2017        | Instructor: “Emergency Psychiatry”<br>Third and fourth-year medical students                 | University of Kansas School of Medicine<br>10 hours |
| 2017 - 2019 | Instructor: “Introduction to Psychiatry Clerkship”<br>Third and fourth-year medical students | University of Kansas School of Medicine<br>15 hours |
| 2019 –      | Intervention Psychiatry Lectures, Resident Selection<br>Committee                            | Yale University- Dept. of Psychiatry                |
| 2020-       | PGY-4 Lectures: Becoming a Yale Psychiatrist   | Yale University- Dept. of Psychiatry                |
| 2022-       | Psychiatry Elective: Introduction to Outpatient Private<br>Practice Psychiatry               | Yale University- Dept. of Psychiatry                |

## **Teaching and Education**

- 2018 - 2019      Designed and implemented a forensic psychiatry lecture series for the University of Kansas School of  
Medicine – Wichita’s Psychiatry clerkship
- 2022 –      Psychiatry Elective: The business of medicine and Community Intervention Psychiatry. Starting a  
psychiatric private practice
- 2022      Howard University Department of Psychiatry Intervention Psychiatry
- 2022      Heading Health- Texas Physician Education Symposium Intervention Psychiatry
- 2022      Grand Rounds- University of Kansas Department of Psychiatry: Intervention Psychiatry
- 2022      Grand Rounds- University of Louisiana Department of Psychiatry: Intervention Psychiatry
- 2023      Master Clinician Lecture Series Harvard University: Interventional Psychiatry
- 2024      Southwest Forum on Difficult to Treat Depression- Arizona  
Grand Rounds- University of Arizona Department of Psychiatry: Intervention Psychiatry

## **Service to the Community**

- 2017 - 2018      NAMI Wichita and Alpha Kappa Alpha, Panelist  
Minority Mental Health Awareness Cure the Stigma Conference
- 2020      American Psychiatric Association Foundation Panelist for Virtual Town Hall: Back to School - Mentally  
Safe  
American Psychiatric Association Foundation Panelist for Virtual Town Hall: Mentally-Healthy Schools  
in Times of a Pandemic  
American Psychiatric Association Foundation Panelist for Virtual Town Hall: Mentally-Healthy Families  
in Times of a Pandemic

## **Educational Material for Patients and the Lay Community:**

2015	CADVA	<a href="#">Keynote address at CADVA “Let the Women Speak” Georgetown, Guyana</a>
2017	Wichita Eagle	<a href="#">Interview: Wichita Eagle on May 14th, 2017</a>
2018	NAMI Radio Show	<a href="#">Interview: Mental Health Interview on KSN95.9 on September 15th, 2018</a>
2020	Forbes Magazine	<a href="#">Black Doctors Need More Than Demonstrations, They Need Change</a>
2020	St Lucia Medical Dental Association	<a href="#">Healthwise with Dr. Merle Clarke.</a>
2020	St Lucia Medical Dental Association	Webinar: Residency in US Institutions
2020	Psychiatric News	<a href="#">Psychiatrist Works to Bridge Gap Between Faith, MH</a>
2020	American Society of Ketamine Physicians, Psychotherapists & Practitioners	Webinar: Ask the Experts: Ketamine Administration <a href="https://www.psychiatrictimes.com/authors/lisa-harding-md">https://www.psychiatrictimes.com/authors/lisa-harding-md</a>
2020-	HCP Live/Psychiatric Times Consultant	<a href="https://www.hcplive.com/view/response-to-esketamine-therapy-for-treatment-resistant-depression">https://www.hcplive.com/view/response-to-esketamine-therapy-for-treatment-resistant-depression</a>

## **Presentations and Posters at Professional Meetings:**

**Harding L**, Cabrera P, Fu DJ, et al. Long-term safety and efficacy of esketamine nasal spray in black and/or African American adults with treatment-resistant depression: a subgroup analysis of the SUSTAIN-3 study. Poster presented at: US Psych Congress; September 17-20, 2022; New Orleans, Louisiana.PMC9935983.

**Harding, L** Esketamine, Access to Care: ASPK3 Annual Conference 09/2022

**Harding L**, Chiquot R. “Management of Diabetic Ketoacidosis.” Oral Presentation at Department of Internal Medicine Presentation; Castries, Saint Lucia (10/2010)

**Harding L**. “Autism Spectrum Disorder.” Oral Presentation at Victoria Hospital Pediatric Department Monthly CME; Castries, Saint Lucia (04/2011)

Samuel N., **Harding L**. “Post-Coital Bleeding.” Oral Presentation at SLMDA (Continuing Medical Education); Castries, Saint Lucia (07/2011)

**Harding L**, Macaluso M, Zackula, R. “Minority Mental Health Awareness.” Poster presented at the University of Kansas Research Forum. Wichita, KS (04/2017)

## **Publications:**

Joshi K, Liberman JN, Parab P, Darer JD, **Harding L**. Barriers to Esketamine Nasal Spray Treatment Among Adults With Treatment-Resistant Depression. *J Clin Psychiatry*. 2024 May 6;85(2):23m15102. doi: 10.4088/JCP.23m15102. PMID: 38722197.

**Harding L**, Joshi K, Zhdanava M, Shah A, Voegel A, Chen C, Pilon D. Treatment Patterns, Acute Healthcare Resource Use, and Costs of Patients with Treatment-Resistant Depression Completing Induction Phase of Esketamine in the United States. *Drugs Real World Outcomes*. 2024 May 10. doi: 10.1007/s40801-024-00425-2. Epub ahead of print. PMID: 38727888.

**Harding, L**, Managing Treatment-Resistant Depression: Tips for the Outpatient Psychiatrist March 20, 2024, *News, Article*. *Psychiatric Times* Vol 41, Issue 3

Liberman J, Pesa J, Rui P, Joshi K, **Harding L**. Social determinants and distance from certified treatment centers are associated with initiation of esketamine nasal spray among patients with challenging-to-treat major depressive disorder. *Medicine (Baltimore)*. 2023 Feb 17;102(7):e32895. doi: 10.1097/MD.00000000000032895. PMID: 36800597; PMCID: PMC9935983.

**Harding, L** Journal of the American Academy of Psychiatry and the Law Online September 2023, 51 (3) 320-325; DOI: <https://doi.org/10.29158/JAAPL.230040-23>

**Harding L**, Champion M. "Care of the Mentally Disordered Offender in the Community." Book Review: Accepted for Publication Journal of American Academy of Psychiatry and the Law Volume 46,4, 12/2018

Prabhu M, Pinals D, Bahekar P, Bayner J, Benedek E, Binder R, Brandt A, Champion M, Datta V, Ford E, Frierson R, **Harding L**, Jain A, Kraus L, Park B, Pruette M, Thomas T, Zonana H. "Resource Document on Stalking, Intrusive Behaviors and Related Phenomena by Patients." APA Joint Reference Committee, 10/2019

Peter Ash, M.D. (Chair); Aderonke Bamgbose-Pederson, M.D.; Jessica Bayner, M.D.; Elizabeth Ford, M.D.; Jai Gandhi, M.D.; Amy Gajaria, M.D.; **Lisa Harding, M.D.**; Helena Hansen, M.D., Ph.D.; Alexandra Junewicz, M.D.; Reena Kapoor, M.D.; Jungjin Kim, M.D.; Louis Kraus, M.D.; Michael Langley-DeGroot, M.D.; Richard Ly, M.D.; Jeffrey Metzner, M.D.; Bhinna Park, M.D.; Debra Pinals, M.D.; Joseph Penn, M.D.; Brooke Rosen, M.D.; Gabrielle Shapiro, M.D.; Robert Weinstock, M.D. for the Council on Psychiatry and Law; Council on Children, Adolescents, and Their Families; and Council on Minority Mental Health and Health Disparities

### **Press Mentions:**

<https://www.psychiatrist.com/jcp/access-in-interventional-psychiatry/>

<https://doi.org/10.1176/appi.pn.2024.06.6.8>

<https://www.milfordmirror.com/news/article/Milford-practice-specializes-in-17415947.php>

<https://www.hcplive.com/authors/lisa-harding-md>

<https://nationalpress.org/speaker/dr-lisa-harding/>

<https://www.psychiatrictimes.com/view/iv-ketamine-for-treatment-resistant-depression>

<https://www.psychiatrictimes.com/view/case-1-newly-diagnosed-treatment-resistant-depression>

<https://jaapl.org/content/51/3/320>

<https://www.om1.com/resource/i-know-it-when-i-see-it-definitions-of-treatment-resistant-depression/>

<https://www.om1.com/resource/various-definitions-of-treatment-resistant-depression/>

<https://www.medscape.com/viewarticle/988310>

[https://www.kumc.edu/documents/wichita/psychiatry/KU2168\\_CommunicatorNLWeb.pdf](https://www.kumc.edu/documents/wichita/psychiatry/KU2168_CommunicatorNLWeb.pdf)

<https://clinicaloptions.com/events/9th-annual-psychopharmacology-update-2023/9th-annual-psychopharmacology-update-2023/10175-10316>

<https://www.aapl.org/journal>

<https://link.springer.com/article/10.1007/s40801-024-00425-2A>

<https://www.forbes.com/sites/jessicagold/2020/06/16/black-doctors-need-more-than-demonstrations-they-need-change/>

<https://www.psychiatryadvisor.com/home/topics/general-psychiatry/ketamine-clinic-legal/>

<https://www.aol.com/boise-clinic-uses-drug-ketamine-110000369.html>

<https://psychnews.psychiatryonline.org/doi/pdf/10.1176/pn.2020.55.issue-17>

<https://scienceline.org/2023/11/antidepressants-side-effects/>

<https://www.forbes.com/sites/jessicagold/2020/06/16/black-doctors-need-more-than-demonstrations-they-need-change/?sh=3b97b24d3559>

<https://www.psychiatrytimes.com/view/no-cookie-cutter-patients-managing-treatment-resistant-depression>

<https://psychnews.psychiatryonline.org/doi/full/10.1176/appi.pn.2020.7a156>

<https://apafdn.org/news-events/mentally-healthy-nation-podcast/mentally-healthy-schools-during-the-covid-19-pande>

<https://www.psychiatry.org/membership/awards-leadership-opportunities/awards/bland-award-for-excellence-in-teaching-residents>

<https://www.pcori.org/research-results/2023/comparative-effectiveness-racemic-ketamine-versus-s-ketamine-depression>

<https://sprashadmd.com/category/ketamine-in-the-news/>

<https://www.medscape.com/viewarticle/ketamine-vs-esketamine-critical-differences-explained-2024a10001is>

<https://www.cspponline.org/event-4630698>

<https://clinicaloptions.com/CE-CME/psychiatry/augmentation-in-mdd/17723-26932>

<https://medicine.yale.edu/news-article/feng-harding-recipients-of-irma-bland-md-certificate-of-excellence-in-teaching-residents/>

<https://www.medscape.com/viewarticle/lsd-based-medication-yields-rapid-durable-response-2024a10008tg>

<https://www.medscape.com/viewarticle/989274>

<https://www.medscape.com/viewarticle/ketamine-vs-esketamine-critical-differences-explained2024a10001is>

<https://www.medscape.com/viewarticle/988310>

## **Distinguished Honors and International**

2024 Yale Psychiatry Graduation Commencement

Speaker internationally in St. Lucia, Mexico, Brazil, Italy, Singapore and Malaysia on Treatment Resistant Depression.

## **Licensure:**

2020

Connecticut

Full License

Active